



The Enlightened Society Assembly (Sutrayana Seminary) is a Shambhala mahayana program that emphasizes the view of the intrinsic goodness of all beings, practices that rouse bodhichitta and compassionate openness, and confident activity that engages fully in the world. In particular, living up to its name, this Assembly will focus on how we can create enlightened society on the spot, at home, in our city and nation, and wherever we go.

This retreat, led by a Shambhala acharya, includes meditation, study, and contemplation, and traditional post-meditation practices such as rota, Shambhala arts and celebrations. Regular individual meditation instruction is offered.

Those who have completed a weekthün and the Way of Shambhala program are invited to deepen their study and practice of the Shambhala Buddhist teachings.

# Enlightened Society Assembly<sup>15</sup>

**Karmê Chöling, Vermont**  
February 9 - 24, 2015

**Dorje Denma Ling, Nova Scotia**  
June 24 - July 3, 2015

**Shambhala Mountain Center, Colorado**  
August 14 - 23, 2015

**Dechen Chöling**  
September 16 - 27, 2015

For information on prerequisites, locations and dates, and to submit an application please see:

**<https://apas.shambhala.info/programType/9>**



**Shambhala / Office of Practice and Education**