

Weekends on Feminine Principle and on the Inseparability of Masculine and Feminine Energies

The Shambhala Commission on the Status of Women and Feminine Principle and the Shambhala Office of Practice and Education are offering the following weekends on feminine principle and the inseparability of masculine and feminine energies. Contact the leaders of each weekend for further information.

Inseparable Union—The Expression of the Feminine and Masculine Principles

Inseparable union manifests when both luminous space (the feminine principle) and dynamic energy (the masculine principle) are experienced as an integrated whole. Through talks, meditation, and creative process exercises, we will map the qualities of these principles in their basic, neurotic, and accomplished states. For men and women alike, recognizing and balancing these principles uncovers our inherent wisdom and skillful means.

Taught by Agness Au

Contact: agnessau@turtlemap.com

Women and Men—Masculine and Feminine Energies

Women's roles, men's roles, feminine principle, masculine principle, and what they all have to do with gender is an enduring and controversial issue, both in Buddhism and in contemporary society. But what do Buddhist teachings in their fullness actually say about women, men, gender, and feminine and masculine principles? We will explore these questions in an interactive workshop focusing on Buddhist texts, art, and the teachings of contemporary teachers.

Taught by Rita Gross

Contact: grossrm@uwec.edu

Glimpses of Space—The Inseparable Dance of Masculine & Feminine Principles

The profound gift of these teachings is that each of us—men and women—holds these principles within us: E and VAM, space and energy, prajna and skillful means, gentleness and fearlessness. The weekend offers guided meditation, contemplation, space awareness exercises, explorations of color and space, talks, discussion, and a video from Trungpa Rinpoche's teachings on EVAM

Also—Weekends of Werma practice with talks and discussions focusing on Sakyong and Sakyong Wangmo principles and feminine and masculine principles as they manifest in the Werma sadhana.

Taught by Alice Haspray

Contact: haspray@ns.sympatico.ca

Fenja Heupers has done a variety of teaching on this topic. She has given talks and weekends on Glimpses of Space, and talks on the Shambhala king and queen principle. She has done research on the sangha at the time of the Buddha and can tell many stories about female practitioners of the early sangha.

Contact: F.Heupers@inter.nl.net

Judy Lief is the editor of Chögyam Trungpa Rinpoche's amazing book *Glimpses of Space—The Feminine Principle & EVAM*. Contact her directly if you are interested in arranging a weekend.

Contact: garudalake@hotmail.com

Dakini Wisdom—Revealing the Feminine in Tibetan Buddhism

The practice of meditation uncovers our fundamental wisdom, the intimate understanding of vastness at the heart of experience known as the feminine principle. In the experience of men and women, this vastness arises as fearless wisdom symbolized by the dakini, the sky-dancing goddess of Tibetan Buddhism.

Taught by Judith Simmer-Brown

Contact: jsb@naropa.edu

The Feminine Principle—Liberating the Creative Power of Mind

Beneath all experiences in life lies a fertile spaciousness that in Tantric Buddhism is called the Feminine Principle. This creative force exists within each person, male and female, and in the world around us.

Taught by Judith Simmer-Brown

Contact: jsb@naropa.edu