



S H A M B H A L A

Shambhala Office of Practice and Education

TO: All Shambhala Calendar Planners
RE: Year of the Earth Pig (2019-2020) and
Year of the Iron Mouse (2020-2021)

The Shambhala Office of Practice and Education is pleased to offer the following information to assist Centers in scheduling for the coming two years: the Years of the Earth Pig and Iron Mouse.

Much of our scheduling is based on the work of the late Edward Henning from the United Kingdom. For many years, he maintained a website (www.kalacakra.org) where one can find an archive of Tibetan calendars for the years 1450-2049. The standard Tibetan calendar that our community has followed is that of the Phukpa tradition. By obtaining the necessary dates directly from this website, one potentially can begin planning for a number of years into the future. The Office of Practice and Education, however, is pleased to offer a two-year calendar at this point, and quite possibly will expand this to include additional years in the future. Our aspiration is to support your efforts to engage in longer-term planning.

Below are dates for both one-time and recurring activities for the coming two years. One-time activities include special celebration and practice days. Recurring activities include dates for feasts, practices of *Sadhana of Mahamudra*, *Werma Sadhana*, and *Jambhala*, and Full Moon *Shambhala Sadhana* Gatherings.

Sadhana of Mahamudra is practiced on the new moon days, *Werma Sadhana* is practiced on the protector days (9th, 19th, 29th), and Full Moon *Shambhala Sadhana* Gatherings are held on the full moon days. In accordance with the Tibetan lunar calendar, we practice the feast for Padmakara and Chakrasamvara on the 10th day and for Vajrayogini on the 25th day, and *Jambhala Sadhana* is practiced on the 8th and 28th days. Milarepa Day is the 14th day of the 1st month; Centers may schedule this celebration on the nearest weekend. Vaishakha Day is the 15th day of the 4th month.

Due to a lunar day being of different length than a solar day, sometimes the Tibetan calendar omits a solar date or has two of the same-numbered solar dates. This accounts for why an occasional protector day might occur on the same day as a *Jambhala* practice day, why a feast day might occur on a protector day, or why there may seem to be an extra day between any of these celebrations. Also, some years have an intercalary month. Different lunar calendrical systems may choose different years to insert this extra month, which is why the Chinese New Year can be a month off from the Tibetan New Year.

The Tibetan calendar that we use is not corrected for North American or European time zones, so dates are perhaps not as accurate for us as they are for India. The only times that can be checked easily are the new and full moon, and it is suggested that we follow Western sources for our practice of the *Sadhana of Mahamudra* and for the Full Moon *Shambhala Sadhana* Gatherings.

2019-2020 YEAR OF THE EARTH PIG

SINGLE ACTIVITIES

2019

Shambhala Day	February 5 - Year of the Earth Pig [Mamo chants January 25 - February 3]
Milarepa Day	February 18
Nyida Day: Vernal Equinox	March 20
Vidyadhara Chögyam Trungpa Rinpoche Parinirvana	April 4
Vaishakha Day	June 17
Nyida Day: Summer Solstice Midsummer's Day	June 21
Vajra Regent Commemoration	August 25
Nyida Day: Autumnal Equinox Harvest of Peace	September 23
Kongma Sakyong Birthday	November 15
Nyida Day: Winter Solstice Children's Day	December 22

2020

Shambhala Day	February 24 - Year of the Iron Mouse [Mamo chants February 13-22]
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RECURRING ACTIVITIES

	<u>Sadhana of Mahamudra</u>	<u>Full Moon Shambhala Sadhana Gathering</u>	<u>Heruka Feast</u>	<u>Dakini Feast</u>	<u>Werma</u>	<u>Jambhala</u>
<u>2019</u>						
February	4	19	14	[none]	3, 14, 23	2, 13
March	6	20	16	1, 30	5, 15, 24	4, 14
April	5	19	14	29	4, 13, 23	3, 13
May	4`	18	14	29	3, 13, 22	2, 12
June	3	17	12	27	2, 11, 21	1, 10, 30
July	2, 31	16	11	27	1, 10, 21, 31	10, 30
August	30	15	10	25	9, 19, 29	8, 28
September	28	14	8	24	7, 18, 27	6, 26
October	27	13	8	23	7, 17, 27	6, 26
November	26	12	7	21	5, 16, 25	4, 24
December	26	12	6	21	5, 15, 25	4, 24
<u>2020</u>						
January	22	10	5	19	4, 14, 23	3, 22
February	23	9	4	18	3, 12, 22	2, 21

2020-2021 YEAR OF THE IRON MOUSE

SINGLE ACTIVITIES

2020

Shambhala Day	February 24 - Year of the Iron Mouse [Mamo chants February 13-22]
Milarepa Day	March 8
Nyida Day: Vernal Equinox	March 20
Vidyadhara Chögyam Trungpa Rinpoche Parinirvana	April 4
Vaishakha Day	June 5
Nyida Day: Summer Solstice Midsummer's Day	June 20
Vajra Regent Commemoration	August 25
Nyida Day: Autumnal Equinox Harvest of Peace	September 22
Kongma Sakyong Birthday	November 15
Nyida Day: Winter Solstice Children's Day	December 21

2021

Shambhala Day	February 12 - Year of the Iron Ox [Mamo chants February 1-10]
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RECURRING ACTIVITIES

	<u>Sadhana of Mahamudra</u>	<u>Full Moon Shambhala Sadhana Gathering</u>	<u>Heruka Feast</u>	<u>Dakini Feast</u>	<u>Werma</u>	<u>Jambhala</u>
<u>2020</u>						
February	23	9	4	18	3, 12, 22	2, 21
March	24	9	4	18	3, 13, 23	2, 22
April	22	7	3	17	2, 11, 21	1, 20
May	22	7	2	17	2, 11, 21, 31	1, 20, 30
June	21	5	1, 30	15	9, 20, 29	19, 28
July	20	5	29	15	9, 19, 28	18, 28
August	18	3	28	14	7, 18, 27	17, 26
September	17	2	26	12	6, 16, 25	15, 24
October	16	1, 31	26	12	5, 15, 25	14, 24
November	15	30	24	10	4, 14, 23	13, 22
December	14	29	24	10	4, 13, 23	12, 22
<u>2021</u>						
January	13	28	23	8	2, 12, 22	11, 21
February	11	27	22	6	1, 10, 21	9, 20